

Welcome to the MIND Application for 2021!

Thank you for your interest in Introduction to Career Exploration: Making Informed Decisions (MIND)!

The MIND program is designed to guide UCSF doctoral students and postdocs through introductory career exploration.

# **Eligibility:**

- Graduate students should have passed (or will pass) their qualifying exams before the start of the program.
- All postdocs with a postdoctoral title code are eligible.
- If you have questions about your <u>eligibility</u>, please <u>contact us!</u>

(If you are currently job-searching, we do not recommend that you apply to MIND, which is designed for those in the earlier stages of career exploration. Instead, please access the Office of Career and Professional Development's services for job-seekers or consider enrolling in Intermediate Career Exploration: Jobs and Internships (GSICE) in Spring 2022.)

## There are three components to complete your application within this survey:

- 1. General applicant information
- 2. Career Interests and motivations, including three short answer essay questions
- 3. Resume or CV (upload PDF)

## If you are selected to be a program participant, you will be notified by mid-July!

If you have any questions, please e-mail us at mind@ucsf.edu.

## As a participant in the MIND Program:

(Please read this information carefully before proceeding)

You are <u>required</u> to complete the requirements of the MIND Class in Fall 2021. These requirements include:

- Attending all six, two-hour class meetings, held virtually on Fridays, 12-2 pm PST:
  - August 6, August 20, September 3, September 17, October 1, October 15, 2021
- Completing 3-5 hours of homework for each catalytic course. Homework includes reflective activities, watching and taking notes on instructional videos, and completing assigned readings.
- Completing two experiential activities (such as an informational interview, job simulation, site visit, etc.) during the MIND Program, and reflect on your experience.
- If a graduate student, you must register for "Graduate Studies 213," a 2-unit Pass/No Pass course. Passing the course requires completing all homework assignments and attending (or making up) all class sessions.
- Complete longitudinal surveys about your experiences with the program.

In addition, MIND participants continue their MIND experience in Fall 2021 by joining Peer Teams. As part of a Peer Team, participants agree to:

- Participate in five 90-minute meetings with a peer team, from October to December 2021, held virtually on Fridays, 12:30-2 pm PST:
  - o October 22, November 5, November 19, December 3, December 17
- Complete a minimum of two informational interviews or job shadows during the Peer Teams portion of the program, and reflect on your experience with your peer team.

I agree to commit to the MIND Program requirements for the Catalytic Course from August through October 2021. Yes No, I cannot participate fully in the Catalytic Course (please explain) I agree to commit to the MIND Program requirements for the Peer Teams from October through December 2021. Yes No, I cannot participate fully in the Peer Teams (please explain) 1. General Applicant Information Your Last Name Your First Name Your Preferred E-mail

When did you begin your training at UCSF?

	Month			Day			Year		
Please Select:		~			~			~	

When do you anticipate that you will complete your program/training?

2021

2022

2023

2024

2025

2026 or after

Are you a graduate student or a postdoc?

Graduate Student

Postdoc

What department are you in? If your postdoctoral appointment spans more than one department, please indicate the department in which your primary PI mentor has the strongest affiliation.



Please select your graduate program (if you are in more than one program, please select the program with your *strongest* affiliation).

Bioengineering

Biological and Medical Informatics (BMI)

Biomedical Sciences (BMS)

**Biophysics** 

Chemistry and Chemical Biology (CCB)

Developmental and Stem Cell Biology (DSCB)

Epidemiology and Translational Science

Global Health
History of Health Sciences
Medical Anthropology
Neuroscience
Nursing
Oral and Craniofacial Sciences (OCS)
Pharmaceutical Sciences and Pharmacogenomics (PSPG)
Sociology
Tetrad
Other:
We welcome MIND participants from the humanities and social and population sciences!
Two of the primary MIND instructors (Linda Louie and Elissa Hamlat) have PhDs in
humanities and social sciences, and specialize in career advising for students in those
fields. Furthermore, the principles of career exploration are applicable to all disciplines.
However, we do want you to be prepared that the MIND curriculum was originally
developed for UCSF biomedical scientists. Therefore, the course content draws heavily
from the perspectives of researchers in the basic life sciences; and students from these
disciplines make up the majority of MIND participants.

Do you have any questions or concerns about encountering course content and peers who are *not* within your discipline?

When did you pass, or intend to take, your doctoral qualifying examination?

Month Year

Who is your primary PI mentor? (First and Last Name)

#### 2. Career Interests and Motivations

If you have any questions on how to answer the essay prompts below, please contact us at <a href="mind@ucsf.edu">mind@ucsf.edu</a>.

The following questions will help us understand your current career interests and motivations.

MIND is a career exploration program, designed to expose you to a variety of careers. We seek trainees who are early in their career development and exploration process, and who wish to undertake a thoughtful approach to career investigation. *The MIND Program will not connect you to job opportunities.* 

(If you are in job-search mode, you should NOT apply to the MIND Program, and instead access the Office of Career and Professional Development's services for job-seekers.)

Please answer each questions informatively, but concisely. Each essay response should be less than 350 words. *This is the most important part of the application, so please be thoughtful with your responses.* 

Select one or two career categories for which you have a strong interest in exploring in the MIND Program.

Academic Administration

**Business of Science** 

Clinical Practice

Clinical Research Management

Combined Research and Teaching Career

Drug/Device Approval and Production

Entrepreneur
Intellectual Property
Principal Investigator in a Research-Intensive Institution
Public Health
Research Administration
Research in Industry
Research Staff in a Research-Intensive Institution
Sales and Marketing of Science-Related Products
Science Education for K-12 Schools
Science Education for Non-Scientists
Science Policy
Science Writing
Scientific/Medical Testing
Support of Science-Related Products
Teaching-Intensive Career in Academia
Other, please describe:
How confident are you that the above career path(s) is/are right for you? Please comment.
What do you find challenging about considering and/or choosing a career path?

What to you seek to learn as a potential participant of the MIND Program?
Why would you prefer to participate in the MIND Program, rather than doing career exploration on your own?
Please upload an up-to-date copy of your CV or resume. The file must be in the PDF format (must have a '.pdf' file extension).

You have reached the end of the MIND application. Select "Next" to submit your application, or "Back" to make any changes.

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