Welcome to the Peer Teams Application for Spring 2023!

Thank you for your interest in
the Office of Career and Professional Development's
Spring 2023 Peer Teams!

Originally developed as part of the MIND program, our peer teams are designed to guide UCSF doctoral students and postdocs through critical moments in their career and professional development.

Peer Teams offered Spring 2023:

The OCPD is offering three different kinds of peer teams in the Spring 2023. Students/postdocs may apply for one peer team. Students/postdocs from all disciplines (basic/biomedical and social/behavioral sciences) are welcome in all peer teams.

- **First-Year Graduate Student Peer Teams:** These peer teams are designed for first-year graduate students who would like peer support as they navigate classes, rotations, and developing community and finding mentorship. Students who participate in this peer team will work through OCPD resources for choosing a thesis lab or research group.
- **Career Exploration Peer Teams**: These peer teams are designed for students/postdocs who would like to identify one to three career paths that interest them, and research those careers in more depth. Students/postdocs who participate in the peer team will work through OCPD resources for conducting informational interviews to expand their network and learn more about career paths.
- **Applying for Jobs and Internships Peer Teams**: These peer teams are designed for students/postdocs who are currently applying for jobs and/or internships.

Students/postdocs who participate in this peer team will work through OCPD resources for finding and applying for opportunities, interviewing, and negotiating.

- If you have questions, please contact us!

Eligibility:

- As part of our commitment to dismantling structural racism and the impact of bias, we embed equity within the decision-making criteria in selecting participants. We especially invite applications from students/postdocs who belong to historically excluded groups.
- Graduate students applying for Career Exploration and Applying for Jobs and Internships peer teams should have passed (or will pass) their qualifying exams by the Spring 2023 quarter.
- All postdocs with a postdoctoral title code are eligible for all peer teams.
- If you have questions about your eligibility, please contact us!

Application components:

PLEASE NOTE: You must complete this application in one sitting (you will not be able to exit the survey and return to it again). Please preview the application *and allow about 30 minutes to complete it.*

1. General applicant information
2. Three short answer essay questions

If you are selected to be a program participant, you will be notified by the end of April!

If you have any questions, please e-mail us at mind@ucsf.edu.

As a participant in OCPD Peer Teams:

(Please read this information carefully before proceeding)

You are required to participate in all Peer Teams activities in Spring 2023 (April-June). These requirements include:

- Attending two live virtual events (via Zoom):
  - **Meet your Peer Team (Kickoff): Tuesday, April 18, 12-1:30 p.m. Pacific**
  - **Peer Team Finale and Celebration: Thursday, June 8, 12-1:30 p.m. Pacific**
- Check in weekly with your peer team (asynchronous, via Slack):

- - **Every Monday,** set personal and/or professional goals for the week
  - **Every Friday,** "check out" and let your peer team know how the week went
- Commit to completing experiential activities related to your peer team (such as lab rotations; informational interviews; job or internship applications; etc.) during the Peer Team. (Your peer team Facilitator will help you set useful and realistic goals for these activities.)
- Complete 1-2 hours of professional development "homework" each week, assigned by your Facilitator. Depending on your goals and your peer team, this work might include research, watching and taking notes on instructional videos, or completing assigned readings.

(Optional) Attend additional virtual and/or in-person drop-ins:
Throughout the quarter, we will offer live virtual and/or in-person meetings, organized around topics (e.g. career exploration and applying for jobs) and affinities (e.g. international and BIPOC students and scholars). These meetings are optional. You may attend as many or as few as you like.

I can commit to the peer team requirements from April-June 2023.

Yes

[   ] No, I cannot participate fully in the Peer Teams (please explain)

1. General Applicant Information

Your Last Name

[   ]

Your First Name

[   ]

Your Preferred E-mail

[   ]

What year/month did you begin your training at UCSF?

[   ]

When do you anticipate that you will complete your program/training?

2023

2024

2025

2026

2027

2028 or after

Are you a graduate student or a postdoc?

Graduate Student

Postdoc

What department are you in? If your postdoctoral appointment spans more than one department, please indicate the department in which your primary PI mentor has the *strongest* affiliation.

[   ]

Please select your graduate program (if you are in more than one program, please select the program with your *strongest* affiliation).

Bioengineering

Biological and Medical Informatics (BMI)

Biomedical Sciences (BMS)

Biophysics

Chemistry and Chemical Biology (CCB)

Developmental and Stem Cell Biology (DSCB)

Epidemiology and Translational Science

Global Health

History of Health Sciences

Medical Anthropology

Neuroscience

Nursing

Oral and Craniofacial Sciences (OCS)

Pharmaceutical Sciences and Pharmacogenomics (PSPG)

Sociology

Tetrad

[   ] Other:

Have you passed your doctoral qualifying examination?

Yes

[   ] Not yet. I will take my exams on the following date:

Who is your primary PI mentor? (First and Last Name)

[   ]

Who is your second or co-PI mentor (if applicable)?

[   ]

As part of our commitment to dismantling structural racism and the impact of bias, we embed equity within the decision-making criteria in selecting participants. For this reason, we invite applicants to self-identify as belonging to one or more of the following groups.

BIPOC (Black, Indigenous, and People of Color)

Individuals with disabilities

First-generation to college

Women and gender-expansive people

LGBTQIA+

None of the above

2. Peer Team: Interest and Motivations

If you have any questions on how to answer the essay prompts below, please contact us at mind@ucsf.edu.

The following questions will help us understand why you would like to join a peer team, and how you might be able to support your peers in their goals.

Peer Teams are facilitated small-group communities. We seek participants who wish to make significant progress on a single career/professional development goal over the course of one quarter. We also look for participants who are excited about supporting their peers in reaching their goals.

(If you don't think Peer Teams are a good fit for you right now and would prefer 1:1 support, we encourage you to schedule an appointment with an OCPD Career Counselor.)

Please answer each questions informatively, but concisely. Each essay response should be less than 350 words. *This is the most important part of the application, so please be thoughtful with your responses.*

Select the Peer Team(s) for which you would like to apply.

First-Year Graduate Students (Basic/biomedical and social/behavioral sciences welcome)

Career Exploration (Grad students advanced to candidacy; Postdocs)

Applying for Jobs and Internships (Grad students advanced to candidacy; Postdocs)

Would you benefit from a channel to communicate with participants from all peer teams with a specific shared experience? If so, indicate any that apply.

Humanities, social, and population science disciplines

International students/postdocs

Black students/postdocs

Latinx students/postdocs

I would like to be placed on a Peer Team with friends/colleagues who are also:

[   ]

N/A or none of the above

What do you seek to learn/accomplish through participating in Peer Teams?

[   ]

Why would you prefer to participate in Peer Teams, rather than pursuing these goals on your own?

[   ]

What could you do to ensure that your Peer Team is a positive experience for all members? What ground rules or behaviors do you think would make members of your Peer Team feel included, supported, and encouraged?

[   ]

You have reached the end of the Peer Teams application.

Select **"Next"** to submit your application, or **"Back"** to make any changes.

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